

OCTOBER 2025

WORKSHOP DISCUSSION FREEFALL!

This workshop will be a mix of exciting topics some Compton youth have suggested we discuss. Topics that they want to dive into deep to find answers to their questions.

Here are a few of the topics that were submitted:

- How to go about getting a work permit and a driver's license and the responsibilities behind them.

By Jr. Deacon Miles Harice, Compton Temple

- How, When and Where to apply for college.

By Jr. Deacon Preston Harice, Compton Temple

- How to deal with older siblings (especially brothers).

By DOZIT Maliya Harice, Compton Temple

- The good and the bad about social media. Why do some parents prevent, and some parents do not prevent their children from having certain apps such as Snap Chat, Twitter, Instagram and Tic Toc?

**By Sister Caidy Walls and Bro. Eric Kinney Jr.,
Compton Temple**

What are some of the topics that youth at your temple would like to discuss? Come to this workshop so we can discuss these issues as a group!

***Submitted by Sister Danita Barnes
Compton Temple***

NOVERMBER 2025

NO MEANS NO!

Respecting Boundaries...When someone says "No", it means to stop right away. "No" is a complete answer. You don't need to argue, beg, or try to change it.

Your Voice Matters...You have the right to say "No" if you feel uncomfortable, don't want to play, or need space.

Listening to Others...Just like you want your "No" respected, you should also respect other people's "No."

Keeps Everyone Safe: Following "No means No" helps keep friendships kind, safe, and fair.

Come to this workshop and let us know if you need to know how to say NO!

***Submitted by Sister Asia Taylor
Michigan Temple #1***

DECEMBER 2025

GRACE & FORGIVENESS: THE GIFT YOU CAN'T EARN

A simple way to understand God's grace and forgiveness is to think about it this way:

Imagine a gift you didn't earn. You didn't do anything special to get it; it was freely given to you out of love. That's what the God of all Israel's grace is like. It's His kindness and favor toward us, not because we've been "good," but because He is good.

Sometimes we mess up, and that's where forgiveness comes in. Forgiveness from the God of Israel is like a fresh start. When we admit we've done something wrong and ask for His forgiveness, He wipes the slate clean. It's not about Him keeping a list of our good and bad deeds like Santa Clause. Instead, it's about a relationship built on love and mercy.

Come to this workshop to discuss the gifts of Grace and Forgiveness. These are unwrapped presents given to us by God and gifts that we should regift to others.

Scripture: *"For it is by grace you have been saved, through faith—and this is not from yourselves, it is the gift of God—not by works, so that no one can boast."* - Ephesians 2:8-9 (NIV)

***Submitted By Elder Dr. Joseph Lathan
Compton Temple***

JANUARY 2026

SELF-LOVE AND APPRECIATION

In this lesson of the Youth Outreach Program, we'll be focusing on a powerful and important topic: **self-love and appreciation**.

To truly care for and love others, we must first learn how to love ourselves. Self-love means showing kindness to yourself—whether that's giving yourself a compliment, being gentle with how you view your body, or embracing the changes that come with growth. Everyone's journey is different, and so are our bodies. No one should feel ashamed of their appearance, and teasing—whether from others or towards others—has no place in anyone's lives.

While it's important to build confidence, it's equally important not to let confidence turn into arrogance. Teasing or putting others down can have a lasting impact. We may not always know what someone else is going through, and teasing people can have a lasting impact.

If someone says something hurtful to you—like calling you ugly or criticizing your appearance—remember: their words do not define your worth. Embrace who you are and extend that same acceptance to others. *And while it's important to stand up for yourself, try not to respond with meanness or bullying in return.* Simply walking away can be more powerful than fighting back. **Sometimes, your calm and respectful response can even inspire your bully to reflect and change their behavior.** That's how we create a community built on respect, compassion, and peace.

Psalm 139:14 (KJV): "I will praise thee; for I am fearfully and wonderfully made: Marvelous are thy works; and that my soul knoweth right well."

We look forward to exploring this topic together. See you at the lesson.

***Submitted By DOZIT Lyric Monet Page
Compton Temple***

FEBRUARY 2026

LOOKING BACK TO MOVE FORWARD

"Looking back to move forward" means using past experiences, both positive and negative, as learning opportunities to make better decisions and progress in the future. It involves reflecting on past successes and failures, analyzing what worked and what didn't, and applying those lessons to current and future situations. This approach is not about dwelling on the past, but about using it as a guide for growth and improvement.

Let us take a moment to reflect back on our lives and accomplishments. By thoughtfully looking back and learning from the past, you can create a more informed, confident, and effective path forward. Are you satisfied with the reflection you see? Was there more you could have done or done differently? What can you do to do better next time?

Come to this workshop and share the reflection you see in the mirror!

***Submitted by Bride Mother Pamela Lathan
Compton Temple***

MARCH 2026

MY BEST FRIEND(S)

Who is your best friend(s)? How long have you been best friends? How much do you share with them? What qualities do they have that you like? When did you realize that this was your best friend?

Friendship is one of life's most valuable treasures, and having a best friend elevates this bond to an entirely new level. A best friend is more than just a companion – they are your confidant, cheerleader, your ride or die, and partner in crime. But what is a best friend really?

A best friend is someone with whom you share a deep bond of trust and mutual respect. This relationship is characterized by shared experiences, emotional support, and a strong sense of loyalty. Best friends are those who stand by you through thick and thin, making you feel valued and understood. They often possess unique qualities such as the ability to read your thoughts, share laughter, and provide comfort during tough times.

Proverbs 18:24: *"A man that hath friends must shew himself friendly, and there is a friend that sticketh closer than a brother."*

Come to this workshop to talk about your experiences with your best friends!

***Submitted by Sister Lawanda Torrence
Fort Lauderdale Temple***

APRIL 2026

THE INTERVIEW PROCESS

So, you've searched and searched and finally scouted out the summer job that you want. You've filled out an application and have submitted it. And all your efforts have finally paid off. You've been called in for an interview today!

You're happy and excited but you're also a little bit nervous and full of questions. What should you wear? How long will the interview last? Will you start working today? So many questions and thoughts running through your mind. Don't worry. Your YOP is going to do the very best to help you sail through your interviews with flying colors!

Selected participants will assume the role of an Interviewer and a Job Candidate. At the end of each interview, you will be asked to evaluate the performance of the Interviewer and the Job Candidate giving valid reasons why you think their performance was professional enough or if it needs a bit more work.

Here are a few things you might want to look out for during the exercise:

The Interviewer – Was he or she properly dressed? Did they seem interested in the candidate's answers to their questions? Were they professional enough in their role?

Job Candidate – Overall appearance. Speech – Too loud? Not loud enough? Comfortable or nervous? Were they late?

NOTE: This is a learning exercise. Its sole purpose is to introduce you to the interview process while hopefully providing you with a few tips, that you can use in your actual job interview while also having some fun as we learn. **At no time should this exercise become a personal attack to hurt or embarrass anyone.**

Here's an idea. Try practicing this exercise at home with family and friends, taking turns being the Interviewer and the Job Candidate. Imagine interviewing Mom and Dad! Finally, once you've landed that summer job, come on out to your next workshop and tell us all about it!

***Submitted by Sister Denise
Duncan
Sumpter Temple***

MAY 2026

DON'T LET THE SMILE ON MY FACE FOOL YOU

Many young people face silent mental health struggles while projecting a facade of happiness. This phenomenon is sometimes called "smiling depression" or "high-functioning depression". It highlights the intense pressure on teens to appear perfect, masking internal feelings of sadness, anxiety, and worthlessness.

Why do teens hide their feelings?

- *Peer pressure*; fear of judgment and stigma.
- *Social media pressure* where teens feel they must post only positive, upbeat moments to compete and fit in.
- *Pressure at home* where they hide their pain to prevent their parents, friends, or family from worrying about them, especially if a family is already under stress.
- *Perfectionism and high expectations*; many young people, especially high-achieving ones, place immense pressure on themselves to be successful and positive. They fear that showing their true feelings will disappoint others.
- *Lack of emotional language*; some teens simply lack the words or emotional awareness to express what they are feeling. Without the proper tools, they deal with their problems in isolation.

What can be done to help? Come to this workshop and learn how to smile from within!

***Submitted by Bride Mother Pamela Lathan
Compton Temple***

JUNE 2026

THE GOD OF ISRAEL IS GOOD ALL THE TIME - "THAT PART"

You know how we use the phrase "that part" when someone says something that's totally true and you feel it in your soul? Like, when your friend says, "I'm not going to that party; I'd rather stay in and chill," and you're like, "That part!" It is that moment of pure agreement and a deep "yep, I get it."

When we talk about showing the goodness of the God of Israel, it's not just about attending church services or assemblies. While those moments are amazing and super important, they're just the beginning. The real journey—the "that part"—is living it out every day.

It's easy to get hyped at a youth event, but then Monday rolls around, and you're back to old habits. The true walk with God is when you choose Him in those everyday moments: when you're tempted to gossip, when you are scrolling on social media and see something you shouldn't, or when you're frustrated with your parents.

You have heard the saying, "God is good all the time, and all the time, God is good! When you are having some "not-so-good" days, do you still believe that God is good, all the time? Despite what we are going through, we have scriptural proof that He is. Psalms 73: 1 "Truly God is good to Israel, even to such as are of a clean heart." - That Part!

Let's discuss this exciting topic!

***Submitted By Elder Dr. Joseph Lathan
Compton Temple***

JULY & AUGUST 2025



**DON'T FORGET TO READ A BOOK WHILE ON
VACATION!**

**READING IS FUNDAMENTAL AND YOP STRONGLY
ENCOURAGES IT!**

SEPTEMBER 2026

LOVE AND SERVE ONE ANOTHER

To love and serve one another is one of the commandments of our church, The Spiritual Israel Church and its Army. The scripture of reference can be found in Galatians 5:13 and it reads, "For, brethren, ye have been called unto liberty; only use not liberty for an occasion to the flesh, but by love serve one another." What this means is that we should be helpful towards one another.

Being helpful shows that you have a kind spirit and leadership qualities. It will be apparent that you think about others, and their well-being matters to you.

- 1) What does being helpful mean to you?
- 2) How can you be more helpful in school and at home and with your friends?
- 3) Who are some of the most helpful people you know and why are they the most helpful?

Come to this workshop and let us talk about what it means to Love and Serve One Another!

***Submitted by Reverend Derrick Barnett
Michigan Temple #1***